

Healing Rhythms Workshop

with Onye Onyemaechi, Music Practitioner of the African Tradition

Primordial rhythmic drumming, expressive forms of music and spontaneous movement are powerful therapeutic tools. Learn how traditional societies use these simple techniques to heal and transform patients and individuals. Drumming can help health professionals, practitioners, and others cultivate harmony, cooperation, and self-awareness in a stress-free, healing and supportive environment. We discover the healing qualities and effects of drumming and learn how to combine music and prayers or affirmations to address specific mental, emotional, and physical conditions.



Onye will teach us to transmute destructive thoughts, attitudes and belief systems to help cleanse the soul and awaken our consciousness. In addition, we explore a wide range of traditional African healing practices. Join a highly experienced teacher who has been an advisor to countless people over 30 years and who combines the best of ancient traditions with the newest body-mind therapeutic techniques to discover the extraordinary power of the healing rhythms experience.

Upon completion of this course, participants will be able to:

- Understand the principles of rhythmic healing
- Lead activities that promote stress reduction
- Employ therapeutic tools that can be applied to patient care
- Identify movements that enhance physical well-being
- Further explore traditional healing practices with perspective and enthusiasm



Instructor:

Onye Onyemaechi, RPP, MBA.

Onye is a Spiritual Healer, Medical Intuitive, Registered Polarity Practitioner and Master of Business Administration. He is known throughout the U.S. and Europe for his healing practice using music, expressive arts, subtle energy and traditional wisdom. His practice is situated in Santa Rosa, California. He has facilitated at hospitals, stress clinics, mental health facilities and major universities.

This program meets the qualification of CEU.

Note: This workshop is recommended for those whose professions involve high stress levels or healthcare professionals, practitioners and caregivers at risk of "burning out."

Date:

Time:

Place:

Who is eligible:

Sign up with:

Onye Onyemaechi, RPP, MBA

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